

GOLF PRACTICE PLAN

MON

FOCUS ☐ Putting ☐ Short Game ☐ Range ☐ Course ☐ Rest

TUES

FOCUS ☐ Putting ☐ Short Game ☐ Range ☐ Course ☐ Rest

WED

FOCUS ☐ Putting ☐ Short Game ☐ Range ☐ Course ☐ Rest

THURS

FOCUS ☐ Putting ☐ Short Game ☐ Range ☐ Course ☐ Rest

FRI

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SAT

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SUN

FOCUS ☐ Putting ☐ Short Game ☐ Range ☐ Course ☐ Rest